

MISSION 250 STUDENT ESSAY COMPETITION



Swim With A Mission (SWAM), a New Hampshire nonprofit supporting and honoring our Veterans, invites students to participate in a meaningful essay contest as part of Mission 250, a patriotic community celebration at Tuscan Village in Salem, NH to celebrate America's 250th Birthday!

Write a 3–5 paragraph essay responding to **ONE** of the prompts:

- What does America mean to you?
- What does Freedom mean to you?
- A 250th Birthday Wish to America
- Tell us about a Veteran in your life and what their service means to you



Who Can Enter
Grades 3 - 8

Registration & Submission
Open Now - June 12, 2026

All Applicants Are Invited To Be
Recognized at Mission 250 on July 12

How To Submit

Email: info@swam.org

Subject line: 250th Essay

Competition – Name, Grade, School



**TWO WINNERS
(GRADES 3–5 & 6–8)
WILL READ THEIR
ESSAYS LIVE AT
MISSION 250!**